

SUGGESTED USE: Take the contents of one pack daily, preferably with a meal.

Men's Supplement Pack

Serving Size 1 Pack

	Amount per Serving	% Daily Value†
Calories	5	
Calories from Fat	5	
Total Fat	0.5g	1%
Polyunsaturated Fat	0.5g	*
Vitamin A (68% as beta carotene)	12,500 IU	250%
Vitamin C	340 mg	567%
Vitamin D	400 IU	100%
Vitamin E	35 IU	117%
Vitamin K	80 mcg	100%
Thiamin	2 mg	133%
Riboflavin	3 mg	176%
Niacin	20 mg	100%
Vitamin B6	2 mg	100%
Folic Acid	400 mcg	100%
Vitamin B12	9 mcg	150%
Biotin	300 mcg	100%
Pantothenic Acid	10 mg	100%
Calcium	250 mg	25%
Iron	6 mg	33%
Phosphorous	45 mg	4%
Iodine	150 mcg	100%
Magnesium	100 mg	25%
Zinc	15 mg	100%
Selenium	70 mcg	100%
Copper	2 mg	100%
Manganese	2 mg	100%
Chromium	120 mcg	100%
Molybdenum	75 mcg	100%
NUTRILITE® Concentrate	518 mg	*
Tricalcium Phosphate, Magnesium Oxide, Alfalfa Concentrate (leaf and stem), Alfalfa/Watercress/Parsley Concentrate, Kelp, Acerola Concentrate (Malpighia glabra) (fruit), Spinach Dehydrate (Spinacia oleracea) (leaf and stem), Electrolytic Iron, Carrot Pulp Powder (Daucus carota) (root), Vitamin B-12		
Acerola Concentrate	200 mg	*
Acerola Cherry Extract (Malpighia emarginata) (fruit), maltodextrin, silicon dioxide		
Omega-3 Fatty Acids	300 mg	
EPA (eicosapentaenoic acid) and DHA (docosahexaenoic acid)		
Citrus Multiflavonoid Complex	30 mg	*
(Grapefruit, Mandarin, Lemon)(fruit and peel)		
Lutein	1.12 mg	*
Alpha Carotene	1.07mg	*
Zeaxanthin	45mcg	*

† Percent Daily Values are based on a 2000 calorie diet.
* Daily Value not established

OTHER INGREDIENTS: Natural Refined Fish Oil Concentrate (Anchovy, Sardine, Mackerel), Calcium Carbonate, Ascorbic Acid, Gelatin, Soybean Oil, Glycerin, Corn Oil, Microcrystalline Cellulose, Yellow Beeswax, Dicalcium Phosphate, d-Alpha-Tocopheryl Acid Succinate, Niacinamide, Sodium Carboxymethylcellulose, Corn Starch, Ferrous Fumarate, Acacia, Lecithin, Zinc Oxide, Magnesium Stearate, Purified Water, Copper Gluconate, Manganese Sulfate, Calcium Pantothenate, Sucrose, Hydroxypropyl Methylcellulose, Dextrose Monohydrate, Maltodextrin, Tricalcium Phosphate, Mixed Natural Tocopherols, Caramel Color, Beta Carotene, Thiamine Mononitrate, Ribo. avin, Pyridoxine Hydrochloride, Mixed Carotenoids, Vitamin A Acetate, Folic Acid, Chromium Chloride, Polyethylene Glycol, Biotin, Sodium Molybdate, Potassium Iodide, Sodium Selenite, Carnauba Wax, Phytonadione, Vitamin D, Gamma Carotene, Lycopene.

CONTAINS SOY AND FISH (WHITEFISH)

WARNING: ACCIDENTAL OVERDOSE OF IRON CONTAINING PRODUCTS IS A LEADING CAUSE OF FATAL POISONING IN CHILDREN UNDER 6. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. IN CASE OF ACCIDENTAL OVERDOSE, CALL A DOCTOR OR POISON CONTROL CENTER IMMEDIATELY. CHILDREN UNDER 12 YEARS OF AGE, OR ANYONE WITH A MEDICAL CONDITION SHOULD CONSULT WITH A PHYSICIAN BEFORE USING THIS PRODUCT.

Store in a cool, dry place. No artificial colors, flavors, or preservatives added.

Multi, Beta Carotene, C, Omega 3
30 Day Supply \$25

