

SUGGESTED USE: Take the contents of one pack daily, preferably with a meal.

Women's Supplement Pack

Serving Size 1 Pack

	Amount per Serving	% Daily Value†
Calories	5	
Calories from Fat	5	
Total Fat	0.5g	1%
Polyunsaturated Fat	0.5g	*
Vitamin A (20% as beta carotene)	5,000 IU	100%
Vitamin C	170 mg	283%
Vitamin D	500 IU	125%
Vitamin E	35 IU	117%
Vitamin K	80 mcg	100%
Thiamin	2 mg	133%
Riboflavin	3 mg	176%
Niacin	20 mg	100%
Vitamin B6	2 mg	100%
Folic Acid	400 mcg	100%
Vitamin B12	9 mcg	150%
Biotin	1300 mcg	433%
Pantothenic Acid	10 mg	100%
Calcium	450 mg	45%
Iron	6 mg	33%
Phosphorous	45 mg	4%
Iodine	150 mcg	100%
Magnesium	200 mg	50%
Zinc	20 mg	133%
Selenium	70 mcg	100%
Copper	2.5 mg	125%
Manganese	2.5 mg	125%
Chromium	120 mcg	100%
Molybdenum	75 mcg	100%
NUTRILITE® Concentrate	518 mg	*
Tricalcium Phosphate, Magnesium Oxide, Alfalfa Concentrate (leaf and stem), Alfalfa/Watercress/Parsley Concentrate, Kelp, Acerola Concentrate (Malpighia glabra) (fruit), Spinach Dehydrate (Spinacia oleracea) (leaf and stem), Electrolytic Iron, Carrot Pulp Powder (Daucus carota) (root), Vitamin B-12		
Hydrolyzed Collagen	500 mg	*
Omega-3 Fatty Acids	300 mg	
EPA (eicosapentaenoic acid) and DHA (docosahexaenoic acid)		
Acerola Concentrate	67 mg	*
Acerola Cherry Extract (Malpighia emarginata) (fruit), maltodextrin		
Alfalfa Dehydrate (leaf, stem)	30 mg	*
Glycine	30 mg	*
Grapeseed Extract (Vitis vinifera)	30 mg	*
(seed)		
Horsetail (plant)	30 mg	*
L-Cysteine	30 mg	

† Percent Daily Values are based on a 2000 calorie diet.

* Daily Value not established

OTHER INGREDIENTS: Calcium Carbonate, Natural Refined Fish Oil Concentrate (Anchovy, Sardine, Mackerel), Calcium Citrate, Microcrystalline Cellulose, Ascorbic Acid, Magnesium Oxide, Dicalcium Phosphate, Gelatin, Calcium Amino Acide Chelate, Maltodextrin, Glycerin, Sodium Carboxymethylcellulose, Acacia, Magnesium Stearate, d-Alpha-Tocopheryl Acid Succinate, Hydroxypropyl Methylcellulose, Niacinamide, Ferrous Fumarate, Zinc Oxide, Purified Water, Zinc Sulfate, Copper Gluconate, Calcium Pantothenate, Corn Starch, Partially Hydrogenated Soybean Oil, Sucrose, Dextrose Monohydrate, Silicon Dioxide, Manganese Sulfate, Mixed Natural Tocopherols, Copper Gluconate, Manganese Citrate, Thiamine Mononitrate, Riboflavin, Pyridoxine Hydrochloride, Vitamin A Acetate, Gelatin, Folic Acid, Beta-Carotene, Chromium Chloride, Biotin, Sodium Molybdate, Potassium Iodide, Sodium Selenite, Phytanadione, Carnauba Wax, Vitamin D, Vitamin D3.

CONTAINS SOY AND FISH (WHITEFISH)

WARNING: ACCIDENTAL OVERDOSE OF IRON CONTAINING PRODUCTS IS A LEADING CAUSE OF FATAL POISONING IN CHILDREN UNDER 6. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. IN CASE OF ACCIDENTAL OVERDOSE, CALL A DOCTOR OR POISON CONTROL CENTER IMMEDIATELY. CHILDREN UNDER 12 YEARS OF AGE, PREGNANT OR NURSING WOMEN, OR ANYONE WITH A MEDICAL CONDITION SHOULD CONSULT WITH A PHYSICIAN BEFORE USING THIS PRODUCT.

Store in a cool, dry place. No artificial colors, flavors, or preservatives added.

Multi, Nail Formula, Omega 3,
Calcium/Magnesium/D
30 Day Supply \$25

